



Gluten Free
Sugar Free

Banana Flour Pancakes



Makes 4 pancakes

Ingredients

- 1/4 cup Green Banana Flour
- 1/4 cup Brown Rice Flour
- 1 egg
- 1 tspn cinnamon
- 3/4 cup milk of your choice

Method

- Whisk all ingredients together gently in a bowl
- Cook for 2-3mins each side in a hot frypan with butter
- Place 1/2 cup mixed berries or banana over the top
- Drizzle with tahini cream