



Vegemite Recipe



Ingredients

- 1/2 cup of tahini
- 1/4 cup miso

** ratio is 2 parts tahini to 1 part miso

** I use hulled tahini and unpasteurised brown rice miso

Method

- Stir all together gently in a bowl
- Store in a glass jar in the fridge.
- Enjoy on toast, wraps, crackers, in soups & curry's