



## *Tahini Cream*

# Recipe



## *Ingredients*

- 1/2 cup of tahini
- 1 x dessert spoon maple syrup
- 2 x dessert spoon coconut cream
- 1/2 tsp x Cinnamon

## *Method*

- Whisk all together in a bowl
- Store in a glass jar in the fridge or pour straight over fruit, porridge or have in smoothies